



# Application Form

## Contact Details (please use block capitals)

Name	Age
Address _____ _____	
Postcode	Tel
E-mail _____	

## Age Group

**Adults** (entry £8 per adult)

**Please state the number of people in each group and if applicable tick the family box.**

**Children** (entry £2 per child)

**Family Entry**  
(entry £18 per family - up to six people)

**Children are under 16 years of age or in full-time education**

Name	Age
Name	Age
Name	Age
Name	Age
Name	Age

**Total payment enclosed**

£

Applications can be made online at [www.run4health.co.uk](http://www.run4health.co.uk) or posted with payment to **Dumfries Devorgilla Rotary Club c/o 32 George Street, Dumfries DG1 1EH** as soon as possible.

Cheques made payable to: **“Rotary Club of Dumfries Devorgilla”**

## The Event

The event will take place at the Crichton on Sunday 26th June 2016. Full details of the course and times can be found on the website [www.run4health.co.uk](http://www.run4health.co.uk) and also will be published in the local press.

This is not intended to be a competitive event! We wish to encourage all ages, health and fitness abilities to get active and be part of a “feel good” community event for the town and raise money for local causes.

## The Causes being Supported

Chest, Heart and Stroke - Dumfries Support Group.

MS Society - Dumfries and Galloway

Capability Scotland - Dumfries and Galloway

Salvation Army - Dumfries

Rotary Club of Dumfries Devorgilla Charitable Trust

# [www.run4health.co.uk](http://www.run4health.co.uk)

## Sponsorship

Please encourage your friends, relatives, workmates etc to sponsor you. While there is no obligation to find sponsors, every penny will help the Causes we are supporting. Raising sponsorship will help to motivate you in your training schedule.

## Gift Aid

If your sponsors sign up to Gift Aid the donation can be increased by up to 25%.

## Sponsor Sheet

Further sponsor sheets can be downloaded from [www.run4health.co.uk](http://www.run4health.co.uk)

## Photography

Photographs may be taken of the event on the day and used in future marketing of events. Please inform organisers on the day if you do not wish to be photographed.